

## Sonda Studio invites visitors to explore how their environment makes them feel at Neuroplaces 2026

An immersive Reset Lounge at Neuroplaces will invite London Design Festival visitors to explore their own sensory responses through four distinct environments.

As part of London Design Festival 2026, Sonda Studio has been invited by Neuroplaces to design the Reset Lounge, a space to pause away from the busyness of the exhibition and an immersive sensory experience exploring how different environments make us feel.

Rather than creating one environment intended to be relaxing for everyone, Sonda Studio has designed four distinct spaces offering different sensory experiences.

Visitors will be encouraged to move freely between them, noticing what they are naturally drawn towards, what they move away from and how each environment makes them feel.

The concept is rooted in a simple idea: we all experience our environments differently.

Our responses to light, sound, colour, texture, spatial conditions and other sensory information vary from person to person. An environment that supports one person may not have the same effect on another.

The Reset Lounge brings this idea to life through experience rather than explanation, encouraging visitors to become more aware of their own sensory preferences and responses.

Ariane Sanders, Founder and Creative Director of Sonda Studio, says:

“Through gaining a better understanding of myself, I’ve become much more aware of how differently environments affect me. I know there are spaces that energise me and help me think and feel at my best, and others that can quickly drain or overwhelm me.

That understanding has changed the way I think about design. I’m now on a mission to help more people understand their own sensory preferences, recognise what they need from their environments, and ultimately create spaces that better support the people within them.

The Reset Lounge is a chance to start that journey simply by noticing. What are you drawn to? What do you move away from? How does each space make you feel? There’s no right or wrong answer because we all experience our environments differently.”

The installation reflects a principle at the heart of Sonda Studio's approach: designing for range, not average.

Rather than searching for one environment that works for everybody, this approach considers how spaces can provide different conditions alongside greater choice, flexibility and agency, allowing more people to find environments that support them.

The more we understand how environments affect us individually, the better able we are to recognise and communicate what we need from the spaces around us. This understanding is at the heart of Sonda Studio's approach: taking the time to understand the people who will use a space, how they experience their environment and what they need from it, then

using those insights to create environments that respond to human variation and offer greater choice, flexibility and agency.

## A collaborative project

The Reset Lounge has been brought to life through collaboration with a brilliant group of partners, each contributing to the environments and sensory experiences visitors will encounter throughout the space.

Sonda Studio is delighted to be collaborating with Huus, Sonaform, Gresham, Milliken, Urban Planter, KI Europe, Sixteen3 and Creative Activity Group on the project.

Together, the collaborators are helping turn the concept into a physical experience that visitors can explore, interact with and respond to for themselves.

## Visit the Reset Lounge

Event: Neuroplaces 2026, part of London Design Festival

Installation: The Reset Lounge

Designed by: Sonda Studio

Date: 15-18th September 2026

Location: Protein Studio, 31 New Inn Yard, London EC2A 3EY

## About Sonda Studio

Sonda Studio is an interior design and neuroinclusive design studio exploring how the environments around us influence how we feel, think and function.

The name Sonda echoes the word sonder, the realisation that every person has a life, perspective and experience as complex and individual as our own. It reflects a belief at the heart of Sonda: we all experience the world, and the spaces around us, differently.

Through a sensory-aware, human-centred approach, Sonda Studio seeks to understand the different people who use a space before designing it, creating environments that recognise human variation and provide greater choice, flexibility and agency.

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